

FIT2B Breast & Body Thermography

Breast Screening with Digital Infrared Thermal Imaging (Thermography)

Patient preparation:

- Do not smoke for 2 hours before the test
- Do not use lotions or powder on your breasts or surrounding areas on the day of test
- Avoid sun exposure on day of test
- Diet: No changes necessary
- Medicines: No changes necessary

IMPORTANT: Inform your Thermographer if you have had any recent skin lesions on your breast; the inflammation can cause a false positive result.

How the test will feel:

- The number of people involved in the procedure will be limited to protect your privacy.
- The room air may feel cool on your breasts as they adjust to room temperature before scanning.
- Exam room temperatures are comfortable when you disrobe for the examination.
- The procedure is totally non-invasive and painless; the camera does not emit radiation of any kind or touch your skin.

Frequently asked questions:

Who performs test?

Female Clinical Thermographer, Lisa Marie Taylor

Will I have to remove my clothes or jewelry?

You will remove all upper body clothing and jewelry and put on the surgical gown supplied.

Any risks or side effects?

None. Procedure is non-invasive, non-contact, no radiation.

How long does the test take?

Patient time for test: 15-20 minutes.

How long does it take to get test results?

Time before results are reported to the doctor or patient varies from a few hours to a few days.

Can I bring a friend or family member with me to the exam?

You are welcome to bring a companion or partner to be present at the examination.

While participation in a DITI early detection program can increase your chance of detecting and monitoring breast disease, as with all other tests, it is still not a 100% guarantee of detection.

Thank you for choosing FIT2B Breast & Body Thermography!

Lisa Marie Taylor

**If you have further questions please do not hesitate to call
or text me directly at: 562-841-1183**

